

Autumn 2026 Pool Timetable

Main Pool

	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
MON	Lane Swimming				Educational Swimming	General Swim	Lane Swim	Educational Swimming	Lane Swim		Swimming Lessons	Lanes 1-2-1s	Lane Swim	SUB-AQUA	Lane Swim		
TUE	Lane Swimming				Educational Swimming	General Swim	Lane Swim	Educational Swimming	Lane Swim		Swimming Lessons	Lanes 1-2-1s	Lane Swimming				
WED	Lane Swimming				Educational Swimming	1-2-1s	50+ General	Educational Swimming	Lane Swim		Swimming Lessons	Lanes 1-2-1s	Lane Swim	Adult Swimming Lessons			
THU	Lane Swimming				Educational Swimming	Lane Swimming		Educational Swimming	Lane Swim		Swimming Lessons		Staff Training		Lane Swimming		
													Daventry Dolphins				
FRI	Lane Swimming				Educational Swimming	General Swim	Lane Swim	Educational Swimming	Lane Swim		Swimming Lessons	Lane Swimming 1-2-1s	Lanes	Wave Rave			
SAT				Swimming Lessons				Flume & Waves	Lane Swim		Flume & Waves		Available for hire				
SUN				Lanes Lessons	Lane Swimming	Lessons	Flume & Waves	Lane Swim		Flume & Waves		DISC Club	Swimming Lessons				

Leisure Pool

	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22		
MON					Swimming Lessons		Aqua Aerobics			Family Swim		Family Swim	1-2-1s	Swimming Lessons		Family Swim			
TUE					Swimming Lessons	Family Swim		Baby Waves	Educational Swimming	Family Swim		1-2-1s	Swimming Lessons		Fun & Floats	Adult Lessons			
WED					Family Swim		Swimming Lessons		Aqua Aerobics		Family Swim		1-2-1s	Swimming Lessons			Adult Lessons		
THU					Swimming Lessons	Family Swim		Aqua Aerobics			Family Swim	1-2-1s	Swimming Lessons			Aqua Aerobics			
FRI					Swimming Lessons		Aqua Aerobics				Family Swim		1-2-1s	Swimming Lessons		Family Swim	Wave Rave		
SAT				Swimming Lessons					Flume & Waves		Family Swim		Flume & Waves			Available for hire			
SUN				Swimming Lessons			Flume & Waves		Family Swim		Flume & Waves			DISC Club	Swimming Lessons				

Admission Policy: Any under 4 years = 1 child: 1 adult, 4-8 years = 2 child : 1 adult