

Spring 2026 Pool Timetable

Main Pool																					
	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22				
MON	Lane Swimming			Educational Swimming			General Swim	Lane Swim	Educational Swimming		Lane Swim	Swimming Lessons		Lanes 1-2-1s	Lane Swim	SUB-AQUA	Lane Swim				
TUE	Lane Swimming			Educational Swimming			General Swim	Lane Swim	Educational Swimming		Lane Swim	Swimming Lessons		Lanes 1-2-1s	Lane Swimming						
WED	Lane Swimming			Educational Swimming			1-2-1s	Lane Swim	Educational Swimming		Lane Swim	Swimming Lessons		Lanes 1-2-1s	Lane Swim	Adult Swimming Lessons					
THU	Lane Swimming			Educational Swimming			Lane Swimming		Educational Swimming		Lane Swim	Swimming Lessons		Staff Training	Daventry Dolphins	Lane Swimming					
FRI	Lane Swimming			Educational Swimming			General Swim	Lane Swim	Educational Swimming	General Swim	Lane Swim	Swimming Lessons		Lane Swimming 1-2-1s	Lanes	Wave Rave					
SAT				Swimming Lessons				Flume & Waves	Lane Swim		Flume & Waves		Available for hire								
SUN			Lanes Lessons	Lane Swimming	Lessons	Flume & Waves		Lane Swim	Flume & Waves			DISC Club	Swimming Lessons								

Leisure Pool																					
	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22				
MON				Swimming Lessons			Aqua Aerobics		General Swim		Family Swim	1-2-1s	Swimming Lessons		Family Swim						
TUE				Swimming Lessons	General Swim	Family Swim	Baby Waves	Educational Swimming	General Swim		1-2-1s	Swimming Lessons		Fun & Floats	Adult Lessons						
WED				General Swim	Swimming Lessons			Aqua Aerobics	Family Swim		1-2-1s	Swimming Lessons		Adult Lessons							
THU				Swimming Lessons	Family Swim	General Swim	Aqua Aerobics		Family Swim		1-2-1s	Swimming Lessons			Aqua Aerobics						
FRI				Swimming Lessons			Aqua Aerobics		Family Swim	General Swim	1-2-1s	Swimming Lessons		General Swim	Wave Rave						
SAT				Swimming Lessons				Flume & Waves	Family Swim		Flume & Waves		Available for hire								
SUN				Swimming Lessons		Flume & Waves		Family Swim	Flume & Waves			DISC Club	Swimming Lessons								

Admission Policy: Any under 4 years = 1 child: 1 adult, 4-8 years = 2 child : 1 adult