



PROMISING ATHLETES PROGRAMME

Matthew Akintolu - Basketball

OVERVIEW

What other hobbies or interests do you have and are you involved in any charity work?

I like to read books, play on my X-Box and I assist by coaching Basketball as a volunteer.

Who has been your role model and why?

Lebron James (LA Lakers). He has been a consistent player for many years and always puts the team first.

What type of training facilities do you use or need?

Basketball Court for practice and also the Gym.

What other sports or activities do you enjoy?

Football, Rugby and Athletics.

Why did you select the sport you have?

It was the sport that came most naturally to me. I like the fact that there is more action and less players.

What does being part of the Promising Athlete Programme with Lex Leisure mean to you and your future success?

Great help and opportunity to develop my skills. I am really grateful for the opportunity the Leisure Centre has given me.

