

Term-time from 3 November 2025

Main Pool

	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	
Mon Main	Lanes 6.00-7.00	Lanes 7.00-8.00	Lanes 8.00-9.00	School Swimming Lessons	School Swimming Lessons	School Swimming Lessons	Lanes 12.00-12.50	Lanes 12.50-13.45	School Swimming Lessons	Top Up		Swimming Lessons 16.00-18.00	Public Swim 18.00-20.00	Lanes 20.00-21.00	Lanes 21.00-22.00			
Tue Main	Lanes 6.00-7.00	Lanes 7.00-8.00	Lanes 8.00-9.00	School Swimming Lessons	School Swimming Lessons	School Swimming Lessons	Lanes 12.00-12.50	Lanes 12.50-13.45	Public Swim 13.45-16.00 (including Evergreens & Good Boost)			Swimming Lessons 16.00-18.00	Public Swim 18.00-20.00 Lane Swim one lane	Lanes 20.00-21.00 Adult Lessons one lane	Lanes 21.00-22.00			
Wed Main	Lanes 6.00-7.00	Lanes 7.00-8.00	Lanes 8.00-9.00	School Swimming Lessons	School Swimming Lessons	School Swimming Lessons	Lanes 12.00-12.50	Lanes 12.50-13.45	School Swimming Lessons	Top Up		Swimming Lessons 16.00-18.30		Youth Groups Joint use agreement	Lanes 20.30-22.00			
Thurs Main	Lanes 6.00-7.00	Lanes 7.00-8.00	Lanes 8.00-9.00	School Swimming Lessons	School Swimming Lessons	School Swimming Lessons	Lanes 12.00-12.50	Lanes 12.50-13.45	School Swimming Lessons	Evergreens 15.05-15.55		Swimming Lessons 16.00-18.10		Club Hire	Lanes 21.00-22.00			
Fri Main	Lanes 6.00-7.00	Lanes 7.00-8.00	Lanes 8.00-9.00	School Swimming Lessons	School Swimming Lessons	School Swimming Lessons	Lanes 12.00-12.50	Lanes 12.50-13.45	School Swimming Lessons			Swimming Lessons 16.00-18.10	Public Swim 18.10-20.00	Lanes 20.00-21.00 Swim Club one lane	Ladies Only Swim			
Sat Main		Lanes 7.00-8.00	Club Hire	Swimming Lessons 9.00-11.30	Public Swim 11.30-17.00								Lanes 17.00-18.00	Lanes 18.00-19.00				
Sun Main		Club Hire		Lanes 9.30-10.30	Public Swim 10.30-17.00								Lanes 17.00-18.00	Lanes 18.00-19.00 Tri Club one lane				

Learner Pool

	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
Mon Learner					School Swimming Lessons		Aquafit 12.00-12.55	Public Swim 13.00-13.45	School Swimming Lesson			Swimming Lessons 15.30-18.40		Adult Lessons	Aquafit 20.15-20.55		
Tue Learner					School Swimming Lessons		Ducklings 12.00-13.30	Top Up	Public Swim 14.00-15.55			Swimming Lessons 16.00-18.30		Public Swim 18.30-20.30	Adult Lessons		
Wed Learner					School Swimming Lessons		Aquafit 12.05-12.55	Public Swim 13.00-13.45	School Swimming Lesson			Swimming Lessons 15.30-18.40		Public Swim 19.00-19.55	Adult Lessons		
Thurs Learner			Aquafit 7.30-8.20		School Swimming Lessons		Ducklings 12.00-13.30		School Swimming Lesson			Swimming Lessons 15.30-18.40		Adult Lessons	Aquafit 20.15-20.55		
Fri Learner			Aquafit 7.30-8.20		School Swimming Lessons		Ducklings 12.00-13.30		School Swimming Lesson			Swimming Lessons 15.30-18.50		Public Swim 19.00-21.00	Ladies Only Swim		
Sat Learner			Swimming Lessons 7.30-11.30			Ducklings 11.30-13.00	Public Swim 13.00-19.00										
Sun Learner			Swimming Lessons 8.00-10.00		Public Swim 10.00-19.00												