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PROMISING ATHLETES PROGRAMME

Patrick Dick - Swimming

Patrick started his lessons at Erith Leisure Centre, moved through the programme from Stage 1 to 10 and is now Swimming for both Erith District Swimming Club and Kent.

OVERVIEW

What other hobbies or interests do you have and are you involved in any charity work?

Football and I am also completing my Duke of Edinburgh. I work 1 day a week in a local library too.

Who has been your role model and why?

My brother, he was a London Youth Games regional champion swimmer and I want to exceed his achievements.

What type of training facilities do you use or need?

Swimming Pool & Gym

What other sports or activities do you enjoy?

Football

Why did you select the sport you have?

I want to exceed my brother's achievements and aim to get to the national championship.

What Awards and Accomplishments have you achieved so far in the sport?

Kent Relays & Shield Cup

What does being part of the Promising Athlete Programme with Parkwood Leisure mean to you and your future success?

It will help to improve my physical strength and train more within my free time to get me to the Nationals

