

Summer Holidays 20 July - 30 August 2026

Main Pool

	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
Mon Main	Lanes 6.00-7.00	Lanes 7.00-8.00	Lanes 8.00-9.00	Lanes 9.00-10.00 Intensive Course 1 Lane	Public Swim 10.00-11.30 Adults Lesson 1 lane 11.00-11.30		Aquafit 11.30-12.15	Lanes 12.15-13.00	Lanes 13.00-14.00	Public Swim 14.00-16.00		Swimming Lessons 16.00-18.00		Public Swim 18.00-20.15 18.00-20.00 two thirds only		Aquafit 20.15-20.55	Lanes 21.00-22.00
Tue Main	Lanes 6.00-7.00	Lanes 7.00-8.00	Lanes 8.00-9.00			Atlantis Splash		Atlantis Splash		Atlantis Splash		Atlantis Splash		Swimming Lessons 16.00-18.00	Public Swim 18.00-20.00	Lanes 20.00-21.00 Adult Lessons one lane	Lanes 21.00-22.00
Wed Main	Lanes 6.00-7.00	Lanes 7.00-8.00	Lanes 8.00-9.00	Lanes 9.00-10.00 Intensive Course 1 Lane	Public Swim 10.00-12.00		Aquafit 12.05-12.50	Lanes 12.50-14.00		Public Swim 14.00-16.00		Swimming Lessons 16.00-18.30			Club Hire		Lanes 20.30-22.00 Adult Lessons one lane 20.30-21.00
Thu Main	Lanes 6.00-7.15		Aquafit 7.15-8.00	Lanes 8.00-9.00	Lanes 9.00-10.00 Intensive Course 1 Lane	Public Swim 10.00-12.00		Lanes 12.00-13.00	Lanes 13.00-14.00	Public Swim 14.00-16.00 (15.05-15.50 one lane Evergreens)		Swimming Lessons 16.00-18.00			Club Hire		Lanes 21.00-22.00
Fri Main	Lanes 6.00-7.15		Aquafit 7.15-8.00	Lanes 8.00-9.00	Lanes 9.00-10.00 Intensive Course 1 Lane	Public Swim 10.00-12.00		Lanes 12.00-13.00	Lanes 13.00-14.00	Public Swim 14.00-16.00		Swimming Lessons 16.00-18.10		Public Swim 18.10-20.00		Lanes 20.00-21.00	Ladies Only Swim
Sat Main			Lanes 7.00-8.00	Club Hire	Swimming Lessons 9.00-11.30	Public Swim 11.30-17.00						Lanes 17.00-18.00	Lanes 18.00-19.00				
Sun Main			Club Hire		Lanes 9.30-10.30	Public Swim 10.30-17.00						Lanes 17.00-18.00	Lanes 18.00-19.00				

Learner Pool

	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	
Mon Trainer				Intensive Courses 8.30-9.30		Public Swim 10.00-15.30					Swimming Lessons 15.30-18.40			Public Swim 18.45-21.00				
Tue Trainer				Intensive Courses 8.30-9.30	Ducklings 9.30-11.00	Public Swim 11.00-12.00	Ducklings 12.00-13.30	Public Swim 13.30-16.00			Swimming Lessons 16.00-18.30		Public Swim 18.30-21.00					
Wed Trainer				Intensive Courses 8.30-9.30		Public Swim 10.00-15.30					Swimming Lessons 15.30-18.40			Public Swim 18.45-21.00				
Thu Trainer				Intensive Courses 8.30-9.30		Public Swim 10.00-12.00		Ducklings 12.00-13.30	Public Swim 13.30-15.30		Swimming Lessons 15.30-18.40		Public Swim 18.45-21.00					
Fri Trainer				Intensive Courses 8.30-9.30	Ducklings 9.30-11.00	Public Swim 11.00-12.00	Ducklings 12.00-13.30	Public Swim 13.30-15.30		Swimming Lessons 15.30-18.50			Public Swim 18.50-21.00			Ladies Only Swim		
Sat Trainer				Swimming Lessons 7.30-11.30			Ducklings 11.30-13.00	Public Swim 13.00-19.00										
Sun Trainer				Swimming Lessons 8.00-10.00		Public Swim 10.00-19.00												