



LEXLEISURE

Promising Athletes Programme

Keeley Little

Keeley returns to the Promising Athletes Programme for her second year, continuing to establish herself as one of the region's most exciting young sprinters. Specialising in short-distance running, she has already achieved standout results in 2025, including English Championships Gold in the 200m, English Schools Championships Silver, and selection for the England team. These achievements reflect her growing consistency, strength, and competitive maturity.

Alongside her athletic commitments, Keeley volunteers at her school, supporting children from challenging backgrounds. She currently works one-to-one with a young girl, spending time cooking and drawing together — something she finds incredibly rewarding. This balance of high-performance sport and meaningful community involvement shows the depth of her character and the positive influence she brings to those around her.



Keeley's Future

Looking ahead, Keeley hopes to continue lowering her times, earn a place on the GB squad, and eventually secure a scholarship in the USA, where she aims to study biology, chemistry, or biomedicine. Her academic ambitions sit comfortably alongside her sporting goals, reflecting her drive to excel both on and off the track.

The 2025 Promising Athletes Programme has played a significant role in her progress. It has freed up financial pressure, allowing her to attend major competitions, travel for training, and take part in training camps. The support has also helped her gain a place on the Youth Talent Pathway, strengthening her development and contributing to the improvements she has seen in her performance. Access to high-quality facilities and structured support has made her stronger, more confident, and better prepared for elite-level competition.

Keeley feels genuinely grateful to be part of the programme for another year. With continued backing, she is determined to push toward her long-term goals and make the most of every opportunity that comes her way.

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