

NEW MILLS

# LEISURE CENTRE

# OCTOBER TIMETABLE

MONDAY 24 OCTOBER - SUNDAY 1 NOVEMBER

## MONDAY

|                          |             |
|--------------------------|-------------|
| Lane Swim                | 07:00-08:30 |
| Crash Course             | 09:00-10:00 |
| Parent & Child (under 5) | 10:00-10:45 |
| Koala Klub               | 11:00-11:45 |
| Lane Swim                | 12:00-12:45 |
| Family Fun               | 13:00-13:45 |
| Public Swim              | 13:45-15:15 |
| Swim Lessons             | 15:30-19:45 |
| Lane Swim                | 19:45-20:30 |
| Stroke technique         | 20:30-22:00 |

## TUESDAY

|              |             |
|--------------|-------------|
| Lane Swim    | 06:45-09:00 |
| Crash Course | 09:00-10:00 |
| Aqua Fit     | 10:00-11:00 |
| Koala Klub   | 11:00-11:45 |
| Lane Swim    | 11:45-12:30 |
| Widths Only  | 12:30-13:15 |
| Family Fun   | 13:15-14:00 |
| Public Swim  | 14:00-15:30 |
| Swim Lessons | 15:30-18:45 |
| Public Swim  | 18:45-19:30 |
| Lane Swim    | 19:30-21:00 |

## WEDNESDAY

|                  |             |
|------------------|-------------|
| Lane Swim        | 07:00-08:30 |
| Crash Course     | 09:00-10:00 |
| Widths Only      | 10:00-10:45 |
| Koala Klub       | 10:45-11:30 |
| Family Fun       | 11:45-12:30 |
| Lane Swim        | 12:45-13:30 |
| Staff Training   | 13:30-15:30 |
| Swim Lessons     | 15:30-19:00 |
| Marple Swim Club | 19:00-21:30 |

## THURSDAY

|                          |             |
|--------------------------|-------------|
| Lane Swim                | 06:45-09:00 |
| Crash Course             | 09:00-10:00 |
| Parent & Child (under 5) | 10:00-10:45 |
| Koala Klub               | 10:45-11:30 |
| Lane Swim                | 11:30-13:00 |
| Family Fun               | 13:15-14:00 |
| Public Swim              | 14:00-15:30 |
| Swim Lessons             | 15:30-18:30 |
| Public Swim              | 18:30-19:15 |
| Lane Swim                | 19:15-20:00 |
| Stroke Technique         | 20:15-21:45 |

## FRIDAY

|                 |             |
|-----------------|-------------|
| Lane Swim       | 07:00-08:30 |
| Crash Course    | 09:00-10:00 |
| Swim Fit        | 10:00-11:00 |
| Widths Only     | 11:00-12:00 |
| Swim Lessons    | 12:00-13:00 |
| Disability Swim | 13:00-13:45 |
| Koala Klub      | 13:45-14:30 |
| Public Swim     | 14:30-15:15 |
| Swim Lessons    | 15:30-19:00 |
| Lane Swim       | 19:00-20:30 |

## SATURDAY

|                   |             |
|-------------------|-------------|
| Lane Swim         | 08:00-08:45 |
| Swim Lessons      | 09:00-15:30 |
| Glossop Swim Club | 15:30-17:00 |

## SUNDAY

|              |             |
|--------------|-------------|
| Lane Swim    | 08:45-10:15 |
| Family Fun   | 10:15-11:00 |
| Party Slot   | 11:30-12:30 |
| Public Swim  | 12:30-14:00 |
| Swim Lessons | 14:00-18:00 |

CONTACT US ON  
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All sessions must  
be booked in  
advance