



Joe Malfatti

Cardiff International Pool & Gym

Promising Athletes Program

At 16, I have played for the Cardiff Junior Devils since age 8 and recently progressed to senior hockey in Cardiff and Bristol. For the past six years, I have achieved consecutive selection for the elite 20-player England National Team (representing Wales), most recently competing in the Czech Republic in April 2026. Following a Great Britain trial in 2025, I am currently preparing for the U18 GB team selection this September.



Creating a Legacy

I view 2026 as my breakout year, and maximising my strength, fitness, and speed is essential to reaching the next level. Ice hockey demands elite endurance, balance, agility, and explosive power.

Regular training supported by Cardiff International Pool & Gym will directly enhance my skating speed, physical grit, recovery, and injury prevention. This conditioning is vital as I work towards my goal of playing professional Ice Hockey by 2027. With the support of Legacy Leisure, my dad and others around me I truly believe I can achieve the goals I have set myself!

I can not wait to get started!

