



PROMISING ATHLETES PROGRAMME

ROXIE ATTREE - BMX

Being selected for the Promising Athlete Programme means a lot to me. It gives me access to better facilities and support, which will help me improve my fitness, stamina, and overall performance in BMX

OVERVIEW

What other hobbies or interests do you have and are you involvement in any charity work?

I volunteer to help young and new BMX riders, supporting them as they start their journey in the sport. I enjoy giving back to the BMX community and helping others develop their skills and confidence.

Who has been your role model and why?

My role model is Beth Shriever, the female BMX World Champion and former Olympic gold medallist. She inspires me because of her dedication, success at the highest level, and the way she represents BMX racing.

What type of training facilities do you use or need?

I currently train and race at CycloPark BMX track using my bike. However, until now I haven't had access to gym facilities, which I feel are important to help improve my strength, fitness, and overall performance.

Why did you select the sport you have?

I chose BMX because I first enjoyed the sport while taking part in taster sessions at Martins Grove Pump Track when I was 11. From that point on, I developed a real passion for BMX and have continued to progress and enjoy competing..

What Awards and Accomplishments have you achieved so far in the sport?

I have competed in the London Youth Games, where I won gold medals. I was also ranked Regional No.1 in the Cruiser BMX 13-16 category last year, placed No.8 nationally, and finished 6th in the 2025 British Championships.

What other sports or activities do you enjoy?

Alongside BMX, I enjoy other physical activities that help improve my fitness and complement my training on the bike.

OVERVIEW



[Roxie Attree - 1](#)
[Roxie Attree - 2](#)
[Roxie Attree - 3](#)

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