

Autumn 2026 Pool Timetable

Main Pool

	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	2
MON	Lane Swimming				Educational Swimming	General Swim	Lane Swim	Educational Swimming	Lane Swim		Swimming Lessons	Lanes 1-2-1s	Lane Swim	SUB-AQUA	Lane Swim		
TUE	Lane Swimming				Educational Swimming	General Swim	Lane Swim	Educational Swimming	Lane Swim		Swimming Lessons	Lanes 1-2-1s	Lane Swimming				
WED	Lane Swimming				Educational Swimming	1-2-1s	50+ General	Educational Swimming	Lane Swim		Swimming Lessons	Lanes 1-2-1s	Lane Swim	Adult Swimming Lessons			
THU	Lane Swimming				Educational Swimming	Lane Swimming		Educational Swimming	Lane Swim		Swimming Lessons		Staff Training		Lane Swimming		
FRI	Lane Swimming				Educational Swimming	General Swim	Lane Swim	Educational Swimming	Lane Swim		Swimming Lessons	Lane Swimming 1-2-1s	Lanes	Wave Rave			
SAT				Swimming Lessons				Flume & Waves	Lane Swim		Flume & Waves		Available for hire				
SUN			Lanes Lessons	Lane Swimming	Lessons	Flume & Waves		Lane Swim		Flume & Waves		DISC Club	Swimming Lessons				

Leisure Pool

	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	2	
MON					Swimming Lessons		Aqua Aerobics			Family Swim		Family Swim	1-2-1s	Swimming Lessons		Family Swim		
TUE					Swimming Lessons	Family Swim		Baby Waves	Educational Swimming		Family Swim		1-2-1s	Swimming Lessons		Fun & Floats	Adult Lessons	
WED					Family Swim	Swimming Lessons			Aqua Aerobics	Family Swim		1-2-1s	Swimming Lessons		Adult Lessons			
THU					Swimming Lessons	Family Swim			Aqua Aerobics			Family Swim		1-2-1s	Swimming Lessons			Aqua Aerobics
FRI					Swimming Lessons		Aqua Aerobics				Family Swim		1-2-1s	Swimming Lessons		Family Swim	Wave Rave	
SAT				Swimming Lessons					Flume & Waves		Family Swim	Flume & Waves			Available for hire			
SUN				Swimming Lessons		Flume & Waves			Family Swim	Flume & Waves			DISC Club	Swimming Lessons				

Admission Policy: Any under 4 years = 1 child: 1 adult, 4-8 years = 2 child : 1 adult