

**If you are aged 16 and under, then during the school holidays you can swim for FREE at Vale Farm and Willesden Sports Centres.**

Children under the age of 8 and all non-swimmers **must be accompanied in the swimming pool by an adult swimmer**, with no more than 2 children per adult. Children under 8 that are not accompanied will not be allowed into the swimming pool.

Depending on the popularity of the free swimming sessions, it may be necessary to limit the number of young people in the pool at any time.

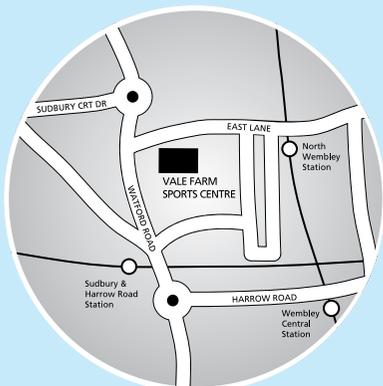
To take part in this FREE swimming, simply complete the Kids swim Free form inside the leaflet, parents / carers to sign it and take to centre of your choice. You will then be issued with card and login in details, giving you the option to book the sessions in advance online or via the centre's App. You can book in person at the centre in advance or on the day. Please note if sessions are full you will not be able to swim without having booked.

Due to the popularity of the promotion, it is strongly advised to register before holiday period(s) so to reduce delays in accessing the free swim.

**Vale Farm Sports Centre**  
Watford Road, North Wembley,  
London HA0 3HG  
020 8908 6545  
[valefarminfo@everyoneactive.com](mailto:valefarminfo@everyoneactive.com)

Sessions run 11.00am - 12.00pm, 1.00pm - 2pm, 2pm - 3pm and 3pm - 4pm  
Monday to Friday only, excluding Bank Holidays. ADVISE TO BOOK SWIM SESSION IN ADVANCE

For more information, please visit  
[www.everyoneactive.com/centre/vale-farm-sports-centre/](http://www.everyoneactive.com/centre/vale-farm-sports-centre/)  
Download the Everyone Active App  
[www.everyoneactive.com/mobile-app/](http://www.everyoneactive.com/mobile-app/)



**Willessden Sports Centre**  
Donnington Road, Willessden,  
London NW10 3QX  
020 8955 1120 [willesden@1life.co.uk](mailto:willesden@1life.co.uk)

Sessions run 10.00am - 12.00pm, 1.30pm - 2.45pm and 2.45pm - 4.00pm  
Monday to Friday only, excluding Bank Holidays. There is no session between 12.00pm and 1.30pm. ADVISE TO BOOK SWIM SESSION IN ADVANCE

For more information, please visit  
[www.1life.co.uk/Willesden-Sports-Centre/](http://www.1life.co.uk/Willesden-Sports-Centre/)  
Download the 1Life App  
[1Life.co.uk/1Life-app](http://1Life.co.uk/1Life-app)



Visit [www.tfl.gov.uk](http://www.tfl.gov.uk) for your easiest route on public transport.



**kids**  
**swim free\***

**Vale Farm Sports Centre**  
**Willessden Sports Centre**

**Easter Holidays**

**Mon 7th April 2025 - Fri 18th April 2025**

**Half Term**

**Mon 26th May 2025 - Fri 30th May 2025**

**Summer Holidays**

**Weds 23rd July 2025 - Fri 29th Aug 2025**

\*Kids swim free is available Monday to Friday, excluding bank holidays

**1Life**  
Live more. Live well.

**everyone**  
ACTIVE

**Brent**

## About you

Please tell us a bit more about you to help us ensure that all our services are delivered fairly. We appreciate that some of these questions are personal. We ask for this information to help us ensure that we are meeting the needs of all our service users. If you do not wish to answer one of the questions, please select 'prefer no to say'. The information will be treated confidentially in

line with the General Data Protection Regulation 2018. The information you provide will only be used by Brent Council and its pool management partners for the purpose of monitoring the take up of the Kids Swim Free scheme. It may also be for marketing purposes. **If you wish to receive such information please tick this box**

### 1. What is your gender? (Please tick one box)

- Male  Female  Prefer not to say

### 2. What is your ethnicity? (Please tick one box)

- | White or White British   | Other Ethnic background                 | Mixed background                                 |
|--|---|--|
| <input type="checkbox"/> British/English/Welsh/Scottish/Northern Irish | <input type="checkbox"/> Arab           | <input type="checkbox"/> White & Black Caribbean |
| <input type="checkbox"/> Irish   | <input type="checkbox"/> Latin American | <input type="checkbox"/> White & Black African   |
| <input type="checkbox"/> Gypsy, Roma or Traveller                      | <input type="checkbox"/> Other          | <input type="checkbox"/> White & Asian           |
| <input type="checkbox"/> Eastern European                              | <b>Asian or Asian British</b>           | <input type="checkbox"/> Other                   |
| <input type="checkbox"/> Western European                              | <input type="checkbox"/> Pakistani      | <input type="checkbox"/> Prefer not to say       |
| <input type="checkbox"/> Other   | <input type="checkbox"/> Indian         |  |
| <b>Black or Black British</b>  | <input type="checkbox"/> Chinese        |  |
| <input type="checkbox"/> African                                       | <input type="checkbox"/> Bangladeshi    |  |
| <input type="checkbox"/> Somali  | <input type="checkbox"/> Sri Lankan     |  |
| <input type="checkbox"/> Caribbean                                     | <input type="checkbox"/> Other          |  |
| <input type="checkbox"/> Other   |   |  |

### 3. Do you consider yourself to be disabled? (Please tick one box)

- Yes  No  Prefer not to say

### 4. In order to help us improve our services and meet your needs please indicate which impairment reflects your disability. (Please tick one box)

- Hearing (deaf, partially deaf or hard of hearing)  Mental health condition (such as depression or schizophrenia)
- Long term illness (such as cancer, HIV, multiple sclerosis, diabetes)  Speech (speech impairment that can cause communication problems)
- Physical impairment (such as using a wheelchair to get around and/or difficulty using your arms)  Prefer not to say
- Vision (blind or partially sighted)  Other (please specify)
- Learning disability (e.g. dyslexia, autism)
- 

## Registration Form

To swim for free, simply fill in this form, get your parents/carer to sign it and bring it to Vale Farm Sports Centre or Willesden Sports Centre.

First name

Surname

Date of birth

Age

Address

Postcode

Email

Phone number

School

School year

Parent/carer name

Parents Date of birth

Signed (parent/carer)

Parent/carer emergency contact number