

Spring 2026 Pool Timetable

Main Pool

	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	
MON	Lane Swimming			Educational Swimming		General Swim	Lane Swim	Educational Swimming		Lane Swim	Swimming Lessons		Lanes 1-2-1s	Lane Swim	SUB-AQUA	Lane Swim		
TUE	Lane Swimming			Educational Swimming		General Swim	Lane Swim	Educational Swimming		Lane Swim	Swimming Lessons		Lanes 1-2-1s	Lane Swimming				
WED	Lane Swimming			Educational Swimming		1-2-1s	Lane Swim	Educational Swimming		Lane Swim	Swimming Lessons		Lanes 1-2-1s	Lane Swim	Adult Swimming Lessons			
THU	Lane Swimming			Educational Swimming		Lane Swimming		Educational Swimming		Lane Swim	Swimming Lessons		Staff Training	Daventry Dolphins	Lane Swimming			
FRI	Lane Swimming			Educational Swimming		General Swim	Lane Swim	Educational Swimming	General Swim	Lane Swim	Swimming Lessons		Lane Swimming 1-2-1s	Lanes	Wave Rave			
SAT	Swimming Lessons					Flume & Waves		Lane Swim	Flume & Waves		Available for hire							
SUN	Lanes Lessons		Lane Swimming		Lessons	Flume & Waves		Lane Swim	Flume & Waves		DISC Club		Swimming Lessons					

Leisure Pool

	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	
MON				Swimming Lessons		Aqua Aerobics		General Swim		Family Swim		1-2-1s	Swimming Lessons		Family Swim			
TUE				Swimming Lessons	General Swim	Family Swim	Baby Waves	Educational Swimming		General Swim	1-2-1s	Swimming Lessons		Fun & Floats	Adult Lessons			
WED				General Swim	Swimming Lessons		Aqua Aerobics		Family Swim		1-2-1s	Swimming Lessons		Adult Lessons				
THU				Swimming Lessons	Family Swim	General Swim	Aqua Aerobics		Family Swim		1-2-1s	Swimming Lessons		Aqua Aerobics				
FRI				Swimming Lessons		Aqua Aerobics		Family Swim		General Swim	1-2-1s	Swimming Lessons		General Swim	Wave Rave			
SAT	Swimming Lessons					Flume & Waves		Family Swim		Flume & Waves		Available for hire						
SUN				Swimming Lessons		Flume & Waves		Family Swim		Flume & Waves		DISC Club		Swimming Lessons				

Admission Policy: Any under 4 years = 1 child: 1 adult, 4-8 years = 2 child : 1 adult