

HOLIDAY POOL TIMETABLE

MONDAY

7.00-9.00am	LANE SWIMMING
9.00-11.00am	GENERAL SWIMMING (Inc 9-10.30am Swimming Lessons)
11.00-12.00pm	ADULT SWIMMING LESSONS
12.00-1.00pm	AQUAFIT
1.00-3.30pm	GENERAL SWIMMING
1.30-6.00pm	AQUAZONE
6.00-8.00pm	GENERAL SWIMMING
8.00-9.00pm	ADULTS ONLY+ / ADULT LESSONS
9.00-10.00pm	SUB-AQUA

TUESDAY

9.00-10.30am	GENERAL SWIMMING (Inc 9-10.30am Swimming Lessons)
10.30-12.00pm	50+ SWIMMING
12.00-2.00pm	GENERAL SWIMMING
2.00-3.30pm	LADIES ONLY SWIMMING
4.00-6.00pm	AQUAZONE
6.00-8.00pm	GENERAL SWIMMING
8.00-9.30pm	SWIM CLUB
9.30-10.30pm	ADULT LANE SWIM

WEDNESDAY

7.00-9.00am	LANE SWIMMING
9.00-10.30am	LADIES ONLY SWIMMING (Inc Swimming Lessons)
10.30-12.00pm	50+ SWIMMING
12.00-1.00pm	GENERAL SWIMMING
1.15-3.15pm	SPACESHIP INFLATABLE
4.00-6.00pm	AQUAZONE
5.30-7.30pm	GENERAL SWIMMING
7.30-8.30pm	AQUAFIT
8.30-9.30pm	ADULT SWIM

THURSDAY

9.00-10.30am	GENERAL SWIMMING (Inc 9-10.30am Swimming Lessons)
11.00-12.00pm	LADIES ONLY SWIMMING
12.00-4.00pm	GENERAL SWIMMING (Inc 1.30-3.30pm Swimming Lessons)
4.00-6.30pm	AQUAZONE
6.30-9.30pm	SWIM CLUB
9.30-10.30pm	ADULT LANE SWIM

FRIDAY

7.00-9.00am	LANE SWIMMING
9.00-10.30am	GENERAL SWIMMING (Inc 9-10.30am Swimming Lessons)
10.45-12.15pm	CANOEING
12.30-1.30pm	50+ SWIMMING
1.30-3.30pm	MATS FUN SWIM
4.00-6.00pm	AQUAZONE
6.00-9.00pm	GENERAL SWIMMING
9.00-10.00pm	ADULT SWIM

SATURDAY

OPEN AS USUAL USUAL TIMETABLE

SUNDAY

OPEN AS USUAL USUAL TIMETABLE

BANK HOLIDAY

MONTH 29th	7.00 - 9.00am LANE SWIMMING
AUGUST	9.00 - 2.00pm PUBLIC SWIMMING

swimming



Working in partnership with your Local Authority.

TERM TIME TABLE

MONDAY

07.00 - 09.00 LANE SWIM
09.00 - 12.00 GENERAL SWIM
12.00 - 13.00 AQUAFIT
13.00 - 15.30 GENERAL SWIM
13.30 - 18.00 AQUAZONE
18.00 - 20.00 PUBLIC SWIM
20.00 - 21.00 ADULTS ONLY +
ADULT LESSONS
21.00-22.00 SUB AQUA

TUESDAY

09.00 - 10.30 GENERAL SWIM
10.30 - 12.00 50+ SESSION
12.00 - 14.00 GENERAL SWIM
14.00 - 15.30 LADIES ONLY
16.00 - 18.00 AQUAZONE
18.00 - 20.00 GENERAL SWIM
20.00 - 21.30 SWIM CLUB
21.30 - 22.30 ADULT LANE SWIM

WEDNESDAY

07.00 - 09.00 LANE SWIM
09.00 - 10.30 LADIES ONLY
10.30 - 12.00 50+ SESSION
12.00 - 13.00 GENERAL SWIM
13.00 - 16.00 SCHOOLS
16.00 - 18.00 AQUAZONE
17.30 - 19.30 GENERAL SWIM
19.30 - 20.30 AQUAFIT
20.30 - 21.30 ADULT SWIM

THURSDAY

09.00 - 11.00 SCHOOLS
11.00 - 12.00 LADIES ONLY
12.00 - 16.00 GENERAL SWIM
13.30 - 15.00 STARFISH
16.00 - 18.30 AQUAZONE
18.30 - 21.30 SWIM CLUB
21.30 - 22.30 ADULT LANE SWIM

FRIDAY

07.00 - 09.00 LANE SWIM
09.00 - 12.00 SCHOOLS
12.00 - 13.30 50+ SESSION
13.30 - 15.30 GENERAL SWIM
16.00 - 18.00 AQUAZONE
18.00 - 21.00 GENERAL SWIM
21.00 - 22.00 ADULT SWIM

SATURDAY

08.15 - 09.15 SWIM CLUB
09.30 - 16.00 AQUAZONE
11.30 - 16.00 GENERAL SWIM
16.00 - 17.00 LADIES ONLY
17.00 - 21.00 PRIVATE HIRE / PARTIES

SUNDAY

08.00 - 09.00 LANE SWIM
09.00 - 12.00 GENERAL SWIM
12.00 - 13.00 ADULT SWIM
13.00 - 16.00 GENERAL SWIM
16.00 - 17.00 ADULT LESSONS
& AQUAZONE
17.00 - 20.00 SWIM CLUB

swimming



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