

swimming

SWIM TIMETABLE

MONDAY

09.00-10.45	PUBLIC SWIM
10.45-11.30	WATER MOVEMENT
11.30-18.00	PUBLIC SWIM*

TUESDAY

06.30-10.00	PUBLIC SWIM*
10.00-12.00	SCHOOLS
12.00-13.00	PUBLIC SWIM*
13.00-15.30	SCHOOLS
15.30-19.00	PUBLIC SWIM*
19.00-20.00	ADULTS ONLY
20.00-20.45	AQUA AEROBICS

WEDNESDAY

09.00-10.00	PUBLIC SWIM
10.00-10.45	AQUA AEROBICS
11.00-12.00	OVER 50'S
12.00-13.00	PUBLIC SWIM
13.00-15.30	SCHOOLS
15.30-19.00	PUBLIC SWIM

THURSDAY

06.30-10.30	PUBLIC SWIM
10.30-11.30	SCHOOLS
11.30-13.00	PUBLIC SWIM*
13.00-15.30	SCHOOLS
15.30-19.00	PUBLIC SWIM*
19.00-20.00	ADULTS ONLY/ADULT LESSONS*
20.00-21.00	MOOD SWIMMING WITH MUSIC & FREE SAUNA

FRIDAY

09.00-10.45	PUBLIC SWIM
11.00-12.45	SCHOOLS
12.45-13.30	PUBLIC SWIM
13.30-15.30	SCHOOLS
15.30-17.30	PUBLIC SWIM

SATURDAY

09.00-12.30	PUBLIC SWIM*
14.00-15.00	FUN HOUR
15.00-17.00	PUBLIC SWIM

SUNDAY

09.00-12.30	PUBLIC SWIM
11.00-12.30	FLIPPER & SNORKEL SESSION
14.00-17.00	PUBLIC SWIM

* Indicates lessons may be on during some of the session.

Last admission 45 minutes prior to closing.