

The Willink Leisure Centre,
Hollybush Lane, Burghfield Common,
Reading, Berkshire, RG7 3XP.

WILLINK LEISURE CENTRE 2012 POOL PROGRAMME

TERM TIME FROM 1st JANUARY - 31st MARCH

	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm
MON		LANE SWIM		WILLINK SCHOOL	P & T GENERAL SWIM	LANE SWIM	WILLINK SCHOOL	AQUAZONE					GENERAL SWIM				LANE SWIM
TUES		LANE SWIM		PARENT & TODDLER GENERAL SWIM	WILLINK SCHOOL	LANE SWIM	GENERAL SWIM	AQUAZONE				GENERAL SWIM	PRIVATE HIRE	LADIES ONLY			LANE SWIM
WED		LANE SWIM		PRIVATE HIRE	GENERAL SWIM	LANE SWIM	GENERAL SWIM	50+ / DISABLED	AQUAZONE				GENERAL SWIM	AQUA FIT 2 CLASSES 19.30 & 20.15			LANE SWIM
THUR		LANE SWIM		GENERAL SWIM	PARENT & TODDLER AQUA FIT	GENERAL SWIM	LANE SWIM	WILLINK SCHOOL	SCHOOL SWIM CLUB			GENERAL SWIM		PRIVATE HIRE			LANE SWIM
FRI		LANE SWIM		GENERAL SWIM	WILLINK SCHOOL	PRIVATE HIRE GENERAL SWIM	LANE SWIM	GENERAL SWIM	P & T			AQUAZONE			GENERAL SWIM		LANE SWIM
SAT			AQUAZONE			GENERAL SWIM		INFLATABLE FUN SESSION		FUN FLOATS & FAMILY SPLASH			AVAILABLE FOR PARTY BOOKINGS, ENQUIRE AT RECEPTION				
SUN			GENERAL SWIM					FUN FLOATS (ALSO AVAILABLE FOR PRIVATE HIRE, PLEASE ENQUIRE AT RECEPTION)		FUN FLOATS & FAMILY SPLASH			AVAILABLE FOR PARTY BOOKINGS, ENQUIRE AT RECEPTION	LADIES ONLY		LANE SWIM	

SESSION DESCRIPTIONS:

Aquazone: Swimming lessons offering a clear pathway of progression ranging from parent and baby through to the junior pre-competition swimmer and rookie lifesaving. Additionally private lessons are available for young and old alike, please enquire at reception for more details.

AquaFit: For all those people who enjoy a workout in water to music. This class is unique in its non-weight bearing approach exercise using the water as a natural resistance to tone up your body.

50+ and Disabled Swim: The pool is set aside for the exclusive use of those aged 50+ and/or Registered Disabled.

Fun Floats & Family Splash: A fun session full of floats and balls for children of all ages!! Please remember ratios, 4 years and under 1 adult to 1 child, under 8's 1 adult to 2 children.

Parent & Toddler (P & T): An ideal time to come swimming with babies and young children; a section of the pool will be roped off allowing for a calmer area to introduce children to swimming.

Lane Swimming: The pool is divided into lanes, fast, medium and slow. Welcome to all ages who want to lane swim.

Swim Membership: Enjoy unlimited public swimming and aqua aerobics with the £20.12 swim membership or buy a set of 10 swims for the price of 8.

General Swim: Minimum of 1 lane will be available during these sessions

Inflatable Session: Take on the amazing Bongo Beach Inflatable! Our brand new pool inflatable sessions add an element of excitement and surprise to your swim, come down and try it out for yourself!

swimming



Working in partnership with your Local Authority.