

Swimming

MAIN POOL TIMETABLE - TERM TIME

MON	6.15 - 9.00am	Early Birds	SAT	7.00 - 8.00am	Early Birds
	9.00 - 11.55am	Schools		8.00 - 9.00am	Early Birds & Swim Club
	12.00 - 1.45pm	Adult Lanes		9.00 - 10.00am	Junior Lessons
	1.45 - 4.00pm	Schools		10.00 - 2.00pm	Public Swim
	4.00 - 8.00pm	Public Swim		2.00 - 4.00pm	Swim & Splash
	8.00 - 8.55pm	Staff Training/ Adult Lanes		4.00 - 9.00pm	Public Swim
	9.00 - 10.00pm	Ladies Night			
TUE	6.15 - 9.00am	Early Birds	SUN	7.00 - 8.00am	Early Birds
	9.00 - 11.55am	Schools		8.00 - 9.00am	Banbury Swim Club
	12.00 - 1.45pm	Adult Lanes		9.00 - 2.00pm	Public Swim
	1.45 - 4.00pm	Public Swim		2.00 - 4.00pm	Swim & Splash
	4.00 - 5.00pm	Junior Lessons		4.00 - 8.00pm	Public Swim
	5.00 - 9.00pm	Public Swim		8.00 - 10.00pm	Adult Lanes
	9.00 - 10.00pm	Adult Lanes			
WED	6.15 - 9.00am	Early Birds			
	9.00 - 11.55am	Schools			
	12.00 - 1.45pm	Adult Lanes			
	1.45 - 4.00pm	Schools			
	4.00 - 5.00pm	Public Swim			
	5.00 - 7.00pm	Junior Lesson			
	7.00 - 8.30pm	Youth Groups			
	8.30 - 10.00pm	Adult Lanes			
THU	6.15 - 9.00am	Early Birds			
	9.00 - 11.55am	Schools			
	12.00 - 1.45pm	Adult Lanes			
	1.45 - 3.15pm	Schools			
	3.15 - 4.00pm	Evergreens			
	4.00 - 5.00pm	Junior Lessons			
	5.00 - 6.30pm	Public Swim			
	6.30 - 9.00pm	Banbury Swim Club			
	9.00 - 10.00pm	Sub Aqua			
FRI	6.15 - 9.00am	Early Birds			
	9.00 - 1.00pm	Schools			
	1.00 - 1.45pm	Adult Lanes			
	1.45 - 3.30pm	Schools			
	3.30 - 9.00pm	Public Swim			
	9.00 - 10.00pm	Adult Lanes			

Swimming

20M TRAINER POOL TIMETABLE - with moveable floor

MON	9.15 - 11.55am	Schools	SUN	7.00 - 8.00am	Public Swim
	12.00 - 1.45pm	Public Swim		8.00 - 8.30am	Disability Swim Session
	1.45 - 4.00pm	Schools		8.30 - 6.50pm	Public Swim
	4.00 - 7.50pm	Public Swim		7.00 - 7.55pm	Aqua Fit
	8.00 - 8.55pm	Aqua Fit		8.00 - 10.00pm	Public Swim
	9.00 - 10.00pm	Ladies Night			
TUE	9.15 - 11.55am	Schools			
	12.00 - 12.20pm	Public Swim			
	12.30 - 2.00pm	P/T Lessons			
	2.00 - 4.00pm	Public Swim			
	4.00 - 6.00pm	Junior Lessons			
	6.10 - 10.00pm	Public Swim			
WED	9.15 - 11.55am	Schools			
	12.00 - 1.00pm	Adult Lessons			
	1.00 - 1.45pm	Public Swim			
	1.45 - 4.00pm	Schools			
	4.00 - 5.00pm	Public Swim			
	5.00 - 7.00pm	Junior Lessons			
	7.00 - 8.00pm	Aqua Fit			
	8.10 - 10.00pm	Public Swim			
THU	9.15 - 11.55am	Schools			
	12.00 - 1.30pm	P/T Lessons			
	1.30 - 3.15pm	Schools			
	3.15 - 4.00pm	Evergreens			
	4.00 - 6.00pm	Junior Lessons			
	6.00 - 6.50pm	Public Swim			
	7.00 - 8.00pm	Adult Beginners*			
	8.00 - 9.00pm	Adult Improvers*			
	9.00 - 10.00pm	Public Swim			
FRI	9.15 - 11.55am	Schools			
	12.00 - 1.00pm	P/T Lessons			
	1.10 - 1.45pm	Public Swim			
	1.45 - 3.30pm	Schools			
	3.30 - 10.00pm	Public Swim			
SAT	7.00 - 8.00am	Public Swim			
	8.00 - 10.00am	Junior Lessons			
	10.00 - 2.00pm	Public Swim			
	2.00 - 4.00pm	Swim & Splash			
	4.00 - 8.00pm	Public Swim			
	8.00 - 10.00pm	Water Polo			