

# Main Pool

	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm
MON				SCHOOLS			GENERAL SWIM	SCHOOLS			AQUAZONE		GENERAL SWIM		ADULT AQUAZONE	GENERAL SWIM	ADULT SWIM
TUES	GENERAL SWIM			SCHOOLS			GENERAL SWIM	SCHOOLS		GENERAL SWIM/U3A	AQUAZONE			DOLPHINS		AQUA FIT	ADULT SWIM
WED				ADULT SWIM	DUCKLINGS		GENERAL SWIM			GENERAL SWIM/AQUA	AQUAZONE		GENERAL SWIM		CHEADLE ASA	GENERAL SWIM	ADULT SWIM
THUR	GENERAL SWIM			ADULT SWIM	AQUA FIT	LADIES ONLY	GENERAL SWIM		ADULT AQUA	50+ SWIM/U3A	GENERAL SWIM		AQUAZONE		CHEADLE ASA	LADIES ONLY	ADULT SWIM
FRI				ADULT SWIM	GENERAL SWIM WITH AQUAZONE	LADIES ONLY	GENERAL SWIM				AQUAZONE				SHIVER ME TIMBERS		ADULT SWIM
SAT			GENERAL SWIM				AQUAZONE		PRIVATE HIRE/PARTIES		AQUAZONE		PRIVATE HIRE/PARTIES				
SUN		GENERAL SWIM					CHEADLE ASA		GENERAL SWIM + FUN & FLOATS	GENERAL SWIM	ADULT SWIM	SUB AQUA	CANOE COACHING				

swimming



Working in partnership with your Local Authority.