

	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm
MON	CLOSED	EARLY MORNING OVER 60'S FREE	GENERAL SWIM								GENERAL SWIM				ADULTS ONLY	ADULT LESSONS	CLOSED
			SCHOOLS			LANES	SCHOOLS				AQUAZONE						
TUES	CLOSED	EARLY MORNING OVER 60'S FREE	GENERAL SWIM								GENERAL SWIM				CLUBS		
			SCHOOLS			LANES	SCHOOLS				AQUAZONE						
WED	CLOSED	EARLY MORNING OVER 60'S FREE	GENERAL SWIM							STAFF TRAINING	GENERAL SWIM			AQUA AEROBICS		CLUBS	
			SCHOOLS			LANES					AQUAZONE			ADULTS ONLY			
THUR	CLOSED	EARLY MORNING OVER 60'S FREE	GENERAL SWIM								GENERAL SWIM			LADIES ONLY (ADULTS)		CLUBS	
			SCHOOLS			LANES	SCHOOLS				AQUAZONE						
FRI	CLOSED	EARLY MORNING OVER 60'S FREE	GENERAL SWIM								GENERAL SWIM						CLOSED
			SCHOOLS			LANES	SCHOOLS				AQUAZONE						
SAT	CLOSED		AQUAZONE	GENERAL SWIM	SPLASH SESSION	GENERAL SWIM			SPLASH SESSION	GENERAL SWIM		PARTY HIRE					CLOSED
SUN	CLOSED		GENERAL SWIM	SPLASH SESSION	GENERAL SWIM				SPLASH SESSION	GENERAL SWIM		CLUBS	PARTY HIRE				CLOSED

MAIN POOL (School Term Time)

**Under 16's**  
 School Term - 4pm onwards until end of general swimming + All day on weekends  
 School Hols and Inset Days - 9am onwards until end of general swimming + All day on weekends

During school holidays, splash sessions are held from 10am - 12pm and 2pm - 4pm. Call outs will be used at busy times.

**Over 60's**  
 Anytime after 7am Monday to Friday (Early morning rules apply 7-9am)  
 All day on weekends

# Swimming



Working in partnership with your Local Authority.

	6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	10pm
MON	CLOSED			GENERAL SWIM							AQUAZONE				AQUAFIT	ADULT LESSONS	
				SCHOOLS				SCHOOLS									
TUES	CLOSED			GENERAL SWIM							AQUAZONE				CLOSED		
				SCHOOLS				SCHOOLS									
WED	CLOSED			GENERAL SWIM							AQUAZONE				CLOSED		
THUR	CLOSED			GENERAL SWIM							AQUAZONE				CLOSED		
				SCHOOLS				SCHOOLS									
FRI	CLOSED			GENERAL SWIM			PARENT & TODDLER	GENERAL SWIM			AQUAZONE				CLOSED		
				SCHOOLS				SCHOOLS									
SAT	CLOSED		AQUAZONE	GENERAL SWIM									PARTY HIRE			CLOSED	
SUN	CLOSED		GENERAL SWIM										CLUBS	PARTY HIRE		CLOSED	

SMALL POOL (School Term Time)

**Under 16's**

School Term - 4pm onwards until end of general swimming + All day on weekends  
 School Hols and Inset Days - 9am onwards until end of general swimming + All day on weekends

During school holidays, splash sessions are held from 10am - 12pm and 2pm - 4pm. Call outs will be used at busy times.

**Over 60's**

Anytime after 7am Monday to Friday (Early morning rules apply 7-9am)  
 All day on weekends

Swimming



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# CONDITIONS OF ENTRY INTO THE POOL (PUBLIC SESSIONS)

Children Under 4 must be accompanied in the main pool on a 1:1 basis.

Children aged between 4 & 7 must be accompanied in the main pool on a 2:1 basis.

One child under 4 along with one child aged 4-7 years may be accompanied in the small pool on a 2:1 basis.

The accompanying person must be a responsible person of 16 years or above.

# Swimming



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