

swimming

GENERAL TIMETABLE

MONDAY

7.00 – 9.00am	Public Lane Swimming
9.15 – 11.15am	School Swimming
11.30 – 1.00pm	Public Swim
12.00 – 1.00pm	Home School (2 lanes)
1.00 – 3.00pm	School Swimming
3.15 – 4.45pm	Public Swim + Aquazone
5.00 – 9.00pm	Ilfracombe Swimming Club

TUESDAY

7.00 – 9.45am	Public Swim
10.00 – 11.00am	Adults only
11.00 – 1.30pm	Public Swim
1.45 – 2.45pm	School Swimming
3.00 – 4.30pm	Public Swim + Aquazone
5.00 – 7.00pm	Aquazone Lessons & North Devon RLSS
7.30 – 8.30pm	Adult Lessons
8.30 – 9.30pm	Adult Lifesaving

WEDNESDAY

7.00 – 8.45am	Public Lane Swimming
9.15 – 10.00am	Water Aerobics
10.00 – 11.00am	Adults only
11.00 – 5.00pm	Public Swim
5.00 – 6.30pm	Ilfracombe Swimming Club
6.30 – 8.00pm	Croyde SLC
8.00 – 9.00pm	Adults Only (2 lanes booked)

Notice to Customers

There will be no public swimming on the 13th 20th and 27th November

We also have pool party bookings.

The dates are posted in the foyer at the pool.

THURSDAY

7.00 – 8.45am	Public Swim
10.00 – 11.00am	Adults only
11.00 – 1.15pm	Public Swim
1.30 – 2.30pm	School Swimming
2.45 – 4.30pm	Public Swim + Aquazone
5.00 – 7.30pm	Ilfracombe Swimming Club
7.30 – 8.45pm	Adults Only

FRIDAY

7.00 – 9.15am	Public Lane Swimming
9.30 – 10.30pm	School Swimming
10.30 – 12.00pm	School Swimming
12.15 – 1.15pm	Public Swim
1.30 – 2.30pm	School Swimming
2.45 – 4.30pm	Public Swim + Aquazone
6.00 – 7.00pm	Ilfracombe Swimming Club
7.00 – 7.45pm	Water Aerobics
7.50 – 8.50pm	Woolacombe SLC

SATURDAY

9.00 – 12.00pm	Aquazone Lessons
10.00 – 12.15pm	Public Swim
12.30 – 2.30pm	Woolacombe SLC
2.30 – 3.30pm	Fun Session
3.30 – 5.00pm	Public Swimming

SUNDAY

10.00 – 12.45pm	Public Swim
12.45 – 1.45pm	Ilfracombe Youth Canoe Club
2.00 – 3.00pm	Fun Session
3.00 – 3.45pm	Public Swim
3.45 – 6.00pm	Croyde SLC
6.00 – 8.30pm	Ilfracombe Swimming Club



The timetable is liable to change at short notice.
For current information please call 01271 864480