

Swimming

GENERAL TIMETABLE

MONDAY

07.00 - 08.45	Lane Swimming
10.00 - 13.00	Public Swimming
13.00 - 15.00	School Use
15.00 - 16.45	Public Swimming (+Aquazone Lessons)
17.00 - 21.00	Ilfracombe Swimming Club

TUESDAY

07.00 - 08.45	Lane Swimming
10.00 - 11.00	Adults Only
11.00 - 13.45	Public Swimming
14.00 - 15.00	School Use
15.00 - 16.45	Public Swimming (+Aquazone Lessons)
18.00 - 19.00	North Devon RLSS
19.30 - 20.30	Adult Lessons
20.30 - 21.30	North Devon RLSS

WEDNESDAY

07.00 - 08.45	Lane Swimming
10.00 - 11.00	Adults Only
11.00 - 13.30	Public Swimming
13.30 - 14.30	School Use
14.45 - 17.30	Public Swimming
17.30 - 18.30	Waders Swimming Club
18.30 - 20.00	Croyde Surf Lifesaving Club
20.00 - 20.45	Adults Only

THURSDAY

07.00 - 08.45	Lane Swimming
10.00 - 11.00	Adults Only
11.00 - 13.30	Public Swimming
13.30 - 14.30	School Use
14.45 - 17.00	Public Swimming (+Aquazone Lessons)
17.00 - 19.30	Ilfracombe Swimming Club
19.30 - 20.45	Adults Only
20.45 - 21.45	Ilfracombe Canoe Club

FRIDAY

07.00 - 08.45	Lane Swimming
10.30 - 16.45	Public Swimming
18.00 - 19.00	Ilfracombe Swimming Club
19.00 - 19.45	Water Aerobics
19.00 - 20.45	Public Swimming

SATURDAY

10.00 - 12.30	Public Swimming (+Aquazone Lessons)
12.30 - 14.30	Woolacombe Surf Lifesaving Club
14.30 - 16.30	Fun Session with Inflatables and Mats

SUNDAY

10.00 - 12.45	Public Swimming
12.45 - 13.45	Ilfracombe Youth Canoe Club
14.00 - 15.00	Fun Session
15.00 - 15.45	Public Swimming
15.45 - 18.00	Croyde Surf Lifesaving Club
18.00 - 20.30	Ilfracombe Swimming Club

We aim to have a lane in the pool during all public sessions. There are some weekday periods where this is not possible due to swimming lessons restricting the amount of space in the pool.

A swimming lane is available during all adults only sessions.

