

Swimming

MAIN POOL TIMETABLE

MONDAY

07.00 - 10.00	GENERAL SWIM
10.00 - 10.45	ADULT LESSONS
10.45 - 12.00	LADIES ONLY
12.00 - 14.30	GENERAL SWIM
14.30 - 15.30	50+ SESSION
15.45 - 18.15	AQUAZONE
18.15 - 20.00	GENERAL SWIM
20.00 - 21.00	AQUAFIT
21.00 - 22.00	ADULTS ONLY

TUESDAY

09.00 - 11.00	GENERAL SWIM
11.00 - 12.00	AQUAFIT
12.00 - 14.30	GENERAL SWIM
14.30 - 16.00	50+ SESSION
16.00 - 19.00	AQUAZONE
19.00 - 22.00	LEEK SWIMMING CLUB

WEDNESDAY

07.00 - 10.00	GENERAL SWIM
10.00 - 11.00	PRIVATE HIRE
11.00 - 12.00	LADIES ONLY
12.00 - 14.30	GENERAL SWIM
14.30 - 15.30	U3A
15.45 - 18.15	AQUAZONE
18.15 - 21.00	GENERAL SWIM
21.00 - 22.00	ADULTS ONLY

THURSDAY

09.00 - 12.00	SCHOOLS
12.00 - 13.15	GENERAL SWIM
13.15 - 16.00	SCHOOLS
16.00 - 18.00	AQUAZONE
18.00 - 20.00	LEEK SWIMMING CLUB
20.00 - 21.00	ADULT LESSONS
21.00 - 22.00	LADIES ONLY

FRIDAY

07.00 - 09.00	GENERAL SWIM
09.00 - 12.00	SCHOOLS
12.00 - 13.30	GENERAL SWIM
13.30 - 16.00	SCHOOLS
16.00 - 18.00	AQUAZONE
18.00 - 19.30	GENERAL SWIM
19.30 - 21.00	LEEK SWIMMING CLUB
21.00 - 22.00	ADULTS ONLY

SATURDAY

08.00 - 12.00	GENERAL SWIM
12.00 - 14.00	AQUAZONE
14.00 - 16.00	FUN SESSION
16.00 - 21.00	LEEK SWIMMING CLUB

SUNDAY

08.00 - 12.00	GENERAL SWIM
12.00 - 14.00	PARTY HIRE
14.00 - 17.00	PUBLIC SWIM
17.00 - 18.00	GENTS ONLY
18.00 - 20.00	LEEK SWIMMING CLUB
20.00 - 21.00	ADULTS ONLY

N.B. Pool times may alter during School Holidays.

*Denotes a lane rope will be in operation for length swimmers

Small pool closed Monday 7-12, Tuesday 9-12 and Wednesday 7-12

Bank Holiday Programme

9am - 10am Adults Only
10am - 3.45pm Public Swim

Please note: Admission policy.

1 adult may supervise:
3 children between 5-8,
2 under 5
1 under 5 & 2 between 5-8



Swimming

SMALL POOL TIMETABLE

MONDAY

11.00 - 11.45	AQUA TOTS
12.00 - 14.15	GENERAL SWIM
14.15 - 14.45	LITTLE STARFISH
15.45 - 18.15	AQUAZONE
18.15 - 20.00	GENERAL SWIM

TUESDAY

09.30 - 10.00	LITTLE STARFISH
10.00 - 10.45	AQUA BABIES
12.00 - 14.15	GENERAL SWIM
14.15 - 14.45	LITTLE STARFISH
16.00 - 19.00	AQUAZONE

WEDNESDAY

09.30 - 10.15	AQUA BABIES
10.30 - 11.15	AQUA TOTS
12.00 - 13.30	GENERAL SWIM
13.30 - 14.00	LITTLE STARFISH
15.45 - 18.15	AQUAZONE
18.15 - 21.00	GENERAL SWIM

THURSDAY

09.00 - 12.00	SCHOOLS
12.00 - 13.15	GENERAL SWIM
13.15 - 16.00	SCHOOLS
16.00 - 18.00	AQUAZONE

FRIDAY

09.00 - 12.00	SCHOOLS
12.00 - 13.30	GENERAL SWIM
13.30 - 16.00	SCHOOLS
16.00 - 18.00	AQUAZONE
18.00 - 19.30	GENERAL SWIM

SATURDAY

08.00 - 11.00	GENERAL SWIM
11.00 - 14.00	AQUAZONE
14.00 - 16.00	FUN SESSION

SUNDAY

08.00 - 12.00	GENERAL SWIM
12.00 - 14.00	PARTY HIRE
14.00 - 17.00	GENERAL SWIM

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10am - 3.45pm Public Swim

Please note: Admission policy.

1 adult may supervise:
3 children between 5-8,
2 under 5
1 under 5 & 2 between 5-8

