



SPORTS HALL

MONDAY

10.00-12.00 50+ BADMINTON &
TABLE TENNIS
16.00-17.00 GYMZONE (4-8 YRS)
17.00-18.00 GYMZONE (8+ YRS)
18.00-19.00 JUMPZONE (5-8 YRS)
19.00-20.00 JUMPZONE (8+ YRS)

TUESDAY

10.00-12.00 LEISURELY LIFESTYLES
16.00-17.00 CHARLTON 5 A SIDE (5-7 YRS)
17.00-18.00 CHARLTON 5 A SIDE (8-10 YRS)
18.00-20.00 KARATE
19.00-21.30 JIJITSU

WEDNESDAY

16.00-16.45 CHARLTON CHALLENGE
(5-7 YRS)
16.45-17.30 CHARLTON CHALLENGE
(5-7 YRS)
17.30-18.15 CHARLTON CHALLENGE
(8+ YRS)

THURSDAY

09.30-10.30 TOTZONE (0-5 YRS)
10.30-11.15 GYMZONE (18 MONTHS-3 YRS)
11.15-12.00 JUMPZONE (2-4 YRS)
12.15-13.00 GYMZONE (3-4 YRS)
13.30-15.30 60+ TABLE TENNIS
16.00-17.00 CHARLTON 5-A-SIDE (5-7 YRS)
17.00-18.00 CHARLTON 5-A-SIDE (8-10 YRS)
18.00-19.00 CHARLTON 5-A-SIDE (10-14 YRS)
19.00-20.00 CHARLTON 5-A-SIDE (14+ YRS)

FRIDAY

10.30-12.30 MIXED BADMINTON
16.00-16.45 CHARLTON 5-A-SIDE (5-7 YRS)
16.45-17.30 CHARLTON 5-A-SIDE (8+ YRS)
17.30-19.00 CHARLTON CHALLENGE
5-A-SIDE (10+ YRS)
19.00-20.00 JUNIOR BADMINTON
20.00-22.00 MIXED BADMINTON

SATURDAY

10.15-11.00 TODDLERS SOCCER (3-5 YRS)
11.00-11.45 CHARLTON 5-A-SIDE (5-7 YRS)
12.00-13.15 CHARLTON FOOTBALL PARTIES
(Please ask at reception for
further details)
15.00-17.00 MIXED BADMINTON

SUNDAY

09.45-11.30 TAN'GUN TAEKWONDON
10.30-12.30 TRAMPOLINE PARTIES
(Please ask at reception for
further details)

