

Aquazone Swimming Lessons

- 10 Week Swimming Lessons Course (Adult)
- 10 Week Swimming Lessons Course (Junior)
- Drop-In Parent and Baby Session
- Drop-In Parent and Baby Session
- 1-2-1 Swimming Lessons
- 10 Week Swimming Lessons Course (Junior) - NB: Price includes a FREE achievement award.

Centres	Peak
BR / LLC / WL	£49.00
BR / LLC / WL	£44.00
BR / WL	£3.25
LLC	£3.20
BR / LLC / WL	£18.00

Dry

- Athletics - Adults
- Athletics - Junior
- Badminton - Adult (Per Hour)
- Badminton - Junior (Per Hour)
- Table Tennis - Adult (Per 40 Minutes)
- Table Tennis - Junior (Per 40 Minutes)
- Squash Courts - Adult (Per 40 Minutes)
- Squash Courts - Junior (Per 40 Minutes)

Centres	Peak	Off Peak
LA	£2.45	
LA	£0.70	
BR	£7.00	£5.15
BR	£3.40	£3.20
BR / WL	£4.65	£3.50
BR / WL	£3.65	£2.60
BR	£5.90	£5.15
BR	£3.40	£3.25

expressions Membership Package

- expressions Membership (Annual)
- expressions Membership (Monthly DD)
- expressions Junior Pump Membership (Monthly DD)
- Joining Fee

Centres	Peak
ALL	£372.00
ALL	£34.50
ALL	£19.75
ALL	£20.00

Fitness Studio

- Adult with a Centre Membership
- Adult
- Adult
- Adult
- Junior (13 Years – 15 Years)
- 60+/Disabled with LP Card
- Personal Induction – Adult
- Group Induction - Adult
- Group Induction - Adult
- Group Induction - Adult
- Group Induction – Junior/LP Card

Centres	Peak	Off Peak
LA	£4.10	£3.65
LA	£5.85	£5.25
BR/WL	£4.75	£3.80
LLC	£5.05	£4.45
LA/BR/WL	£1.95	
ALL	FREE	
ALL	£18.00	
BR	£11.10	
LLC	£11.15	
WL	£11.15	
ALL	£8.25	

Group Exercise Classes

- Group Exercise Classes - 1 Hour
- Group Exercise Classes - 1 Hour
- Group Exercise Classes - 1 Hour
- Group Exercise Classes - 30 Minutes
- Group Exercise Classes - 1 Hour LP
- Group Exercise Classes - 1 Hour LP
- Group Exercise Classes - 1 Hour LP
- SpinFit - 45 Minutes
- AquaFit
- AquaFit

Centres	Peak
BR	£4.50
LLC	£4.60
WL	£4.15
BR / WL	£3.95
BR	£3.35
LLC	£3.40
WL	£3.10
BR	£5.25
BR	£3.60
LLC / WL	£3.65

Health Suite

- Sauna
- Health Suite & Gym
- Health Suite & Swim

Centres	Peak	Off Peak
BR	£3.40	£2.90
WL	£9.50	
WL	£6.60	

Lewisham Indoor Bowls Centre

- Indoor Bowls Sessions - Adult
- Indoor Bowls Sessions - Adult LP Card
- Indoor Bowls Sessions - Junior
- Indoor Bowls Sessions - Disabled
- Bowls Membership all inclusive - Residential
- Bowls Membership all inclusive - Non Residential

Centres	Peak
LB	£3.55
LB	£2.65
LB	£1.75
LB	£1.80
LB	£173.50
LB	£185.00

Wet

	Centres	Peak	Off Peak
Swimming - Junior / 60+ / Disabled LP * Free swimming for 16's and under and over 60's (must have a valid Lewisham Library Card)	BR / LLC / WL	FREE*	FREE*
Swimming - Junior	BR	£1.70	£1.55
Swimming - Junior	LLC	£1.65	£1.55
Swimming - Junior	WL	£1.80	£1.55
Swimming - Adult	WL	£3.50	£2.85
Swimming - Adult	BR / LLC	£3.30	£2.90/£2.95
Swimming - Family (2 Adults & 2 Children)	BR / LLC	£8.70	
Swimming - Family (2 Adults & 2 Children)	WL	£8.60	
Swim Saver - Adult - 1 Month	BR	£33.00	
	LLC	£33.35	
	WL	£37.80	
Swim Saver - Adult - 3 Month	BR	£62.20	
	LLC	£62.80	
	WL	£62.20	
Swim Saver - Adult - 6 Month	BR	£90.50	
	LLC	£91.40	
	WL	£90.50	

Centres:

LA	Ladywell Arena
LLC	Ladywell Leisure Centre
BR	The Bridge Leisure Centre
LB	Lewisham Indoor Bowls Centre
WL	Wavelengths Leisure Centre and Library